

BIOENERGETIC TASTER WORKSHOP III

THE RELATIONAL SELF

In this workshop we will explore how increasing the feeling life of the therapist's body can change their ability to receive and work with their client's unspoken messages.

While words are basic to human communication, the real significance of core wounding is often conveyed by the ebb and flow of somatic sensation and emotion. In a safe environment, the unfinished emotional transactions that are embedded in the client's earliest years or darkest days can come back to life.

The embodied therapist has a powerful receptor for this non-verbal communication since the body is the theatre where sensation and emotion play out, where they are created, expressed, repressed, transmitted and received.

And as the therapist's embodiment increases, so does their awareness of the subtle shifts and background states that are present in the living space between the client and therapist. The ability to recognize and work with this awareness within the therapist's own body is crucial for the deep healing of early developmental wounding and relational trauma.

Venue: Mind & Body, Ground Floor, iPayrol House, 93 Boulcott St, Wellington

Date: Saturday, Mar 14 2015 **Times:** 9:30am to 4:30pm

Cost: \$80.00 (early bird by 10th Nov). \$95 after 10th November.

(Parking is available across the road at low-cost weekend rates)

Note: You are welcome to attend this workshop even if you do not intend to do the Bioenergetic Training Course

APPLICATION FORM

Name:

Occupation:

Address:

Phones:

E-mail:

Payment: (*tick one box*)

Cheque enclosed for \$80 (or \$95). Payable to "NZSBA".

Internet banking: NZSBA 02-0520-0086194-00. Please detail your name and Code as "Taster III"

Send Application to: Taster Workshop, NZSBA. PO Box 25-128, Featherston St, Wellington 6146

Alternatively, an e-mail application, with the above information, can be sent directly to:

pye.bowden@paradise.net.nz.